



## **Dighton Council on Aging**

**Are you over 60 years old?  
Are you in need of companionship?  
Seeking information?  
Need help with solving a problem?  
Maybe you need transportation.  
Or are you looking for a place to  
spend part of your day in the  
company of others.**

**If so, call the  
Dighton Council on Aging  
today at 508-823-0095  
Monday – Friday 8 a.m. – 3 p.m.**

**Dighton Council on Aging  
is here for you.**