

# The Strawberry Vine

Hours of Operation  
Mon - Fri: 8am - 3pm

DECEMBER 2025

Phone: 508-823-0095  
www.dighton-ma.gov



## DIGHTON COUNCIL ON AGING

1059 Somerset Avenue  
Dighton, MA. 02715  
SERVING ALL DIGHTON CITIZENS  
OVER 60 YEARS OF AGE

### OUR MISSION

It shall be the mission of the Dighton Council on Aging to promote, evaluate, and encourage new and existing activities and services which will enhance the quality of life of elders living in the Town of Dighton.


### A SPECIAL THANK YOU

On Thursday, November 6 at Special Town Meeting, there was a successful vote for Article 16 which approved funding to complete the Council on Aging parking lot.

We have YOU, the residents, to thank for this. The safety and inclusivity of Dighton's older adults was prioritized by the residents of Dighton and this did not go unnoticed.

Council on Aging Director, Anabela "Bela" Powell, acquired over \$200,000 in grant funding over the last 2 years to update and modernize the Council on Aging building and grounds to bring things to code, increase safety and upgrade previous wear and tear. When grant funding ran short for our parking lot, Bela sought out guidance and assistance from our Town Administrator. A warrant article was formed and the support from the residents in town was truly remarkable.

We thank you again for supporting our growing programs, utilizing our resources and most importantly, caring for our older residents in town.

 Your Council on Aging Team



# REMINISCING WITH MYRNA

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## REMINISCING WITH MYRNA: A DECEMBER LOOK-BACK

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As mid-November approaches and December, 2025 looms large and close, I look back with fondness at a lifetime in Dighton and some of Dighton's own olden times winter stories and memories that have been both informational and entertaining to me.

Winter in New England has always signaled seasonal work that had to be accomplished, and “swamping” was a very important part of that work. These are facts taken from Rehoboth writings, author unknown, which were directly connected with Dighton and our shared swampy border. The long-enduring title of “Swamp Yankee” applies to those hardy souls who did this hard, cold work, and I salute them, one and all.

“Swamping” was the cutting of the year's supply of white cedar that grows only in the swamps and was used for fence rails, shingles and oyster poles, as well as white pine for lumber and hardwoods for heating fires or 'coaling.' (Coaling was the making of charcoal for blacksmiths' fires – very important, back in the day.) Most farmers owned at least one cedar swamp, and although boundaries were not formally delineated, everyone seemed to know the corners, such as an old cedar stake, or a tree or a field stone stuck into the ground years ago to mark a corner. That information was passed down from father to son over generations of “Swamp Yankees,” and boundary disputes were rare.

It was strictly a winter endeavor, started as soon as the swamps 'froze up,' that had to be completed before the weather changed to warm and swamps became impassible. The farmers and hired men would appear and the sounds of axes could be heard on the crisp air as the wood was cut and loaded onto sleds drawn by horses or oxen and pulled out to “landing places.” There it was stacked for drying or piled for 'coaling.'

Roy Horton of Dighton recalled that his father often had a sawing machine set up at “Bad Luck Landing” (opposite the corner of Simmons Street and Reservoir Avenue in Rehoboth) (*I do not know why it was called “Bad Luck Landing.” Does anyone know?*) There he cut up stove-length firewood from the four-foot cord wood. Roy himself contracted to supply Dighton schools with firewood from this location in the days of the one-room, stove-heated schoolhouses, of which Dighton once had nine.

Nowadays there is very little white cedar left in many of the old swamps, probably due to the heavy cutting that was necessary for survival over a period of centuries. Now, where once only the cedar was found, the dominant tree is red or swamp maple. Winter days now find the remaining swamps quiet. Only in our imaginations can we hear the “chock, chock” of the axes and the whoosh and thud of the falling trees or the shouted commands to the oxen or horses as they toiled to draw the wood from the swamps to the landings. Swamping has faded into history, but the name “Swamp Yankee” lives on as a link to a time forever gone.

The scene has changed. It is still winter in Dighton on a cold and blustery very early morning on a family farm, but there will be no swamping today. It is Christmas Sunday and the farm is a very busy place. Everyone will be going to church – only Mother, if there are very young children, and ill or very elderly folks will stay at home today. Light snow is falling and the 'old folks' know that a big storm is starting. Woodsmoke fills the morning air and Grandma and Mother are in the kitchen making the day's food preparations while Grandpa and Daddy are out in that deepening storm caring for the animals and preparing the wagon and the horses (or sometimes oxen) for the ride to church. The foot stones are warming in the fireplace – they will help to make the ride to church a tiny bit warmer, but the ride home will mean cold feet.

The children will soon be roused, sleepy-eyed, from their beds in a very chilly room for an early breakfast. When the outside chores are done, Grampa and Daddy will be coming in for a warm breakfast and hurrying off to change into their Sunday clothes. Breakfast over and the dishes done, Mom and Grandma get themselves and the children ready for church. There are handmade warm coats and hats and big, bulky mittens and warm socks inside their boots – each child is fortunate to have just one pair, probably from last winter, with hope for perhaps a new, larger pair when Christmas comes in two more days. Some Dighton farm families' children wore shoes only in winter – one annual pair at schooltime was all their lifestyle could afford.



After a very long service, Christmas Sunday finds the family again in the cold wagon, sometimes stopping to dig out deep snowdrifts on the way, getting home late in the day, with supper to be fixed, faces and hands washed, prayers to be said and bedtime. Monday morning – now with snow chores to be added – will come very early. But the children know that it will soon be Christmas, and those sugarplums are definitely dancing in their heads as they sleep, full of anticipation – Santa might be coming soon! *'Everybody keep an eye out at the window for reindeer once the lights are out! Just don't tell the grownups!'* – I never did see those reindeer, but they always did come, bringing Santa!

Monday passes – it is Christmas Eve. The tall Christmas tree stands in the parlor, (no store-bought ones back in the day – a REAL tree from the nearby woods,) decorated with homemade popcorn strings, candles (dangerous – much care needed) and some hand-made ornaments. The children each added a new ornament or two every year. Handmade stockings hang at the mantle over the fireplace, which is blazing and warming the Christmas morning. (They will be wearing those stockings again soon!) Each probably contains an orange (a Christmas treat in our farmhouse) and some candy and perhaps a small gift. A few wrapped packages under the tree – each child's eyes sparkling with anticipation as they wait their turns to open that special package. Laughter and happy smiles prevail.

The house seems warmer than usual, even though it is blustery and snowy and cold outside. Games are played, carols sung, and they share that wonderful Christmas dinner at last. There is turkey from the farm, with homegrown vegetables and pumpkin pie and cider. Christmas Day winds down in a flurry of happiness. Of course, Mother and Grandma still have all of that cleanup to do, but nobody seems to notice the work yet to be done. It has been a blessed day – Christmas, Back in the Day in Dighton. Soon prayers will be said, bedtime will come and sleep with dreams, and tomorrow will be a new, winter's day.

I wish everyone a blessed Merry Christmas, 2025! May your day be filled with family time and treasure and the greatest gift of all – God's eternal love.

Merry Christmas, Everyone! *(And a Happy New Year, 2026, too!)*

Myrna

## DON'T MISS OUT ON THE FUN!

If you were not able to attend the book reading and signing by Dighton's very own author, Vinnie Hebert, let us know and we will work to get him back! Photographed on the right you'll see residents getting their books signed by Vinnie after he completed a reading out of 1 of his 3 books.

Be sure to stay up-to-date on what is happening at the Council on Aging by reading the calendar on pages 4 and 5. If you are looking for something we do not offer, give a call to our Program Manager, Trista Tate, and submit a request!



**Join our coffee hour every morning at 8:30am!** Photographed to the left you will see the group of gentlemen that meet daily for coffee, good times and plenty of laughs! We have tea and hot chocolate as well!

*Please note we do not offer coffee hour on our scheduled monthly breakfast date.*

# UPCOMING EVENTS

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## EXERCISE & MOVEMENT

### EVERY MONDAY

9:00am ..... Fitness Class @ COA

### EVERY WEDNESDAY

9:00am ..... Chair Yoga @ LV

### EVERY FRIDAY

9:00am ..... Tai Chi @ OTH

### THURSDAY, 12/04, 12/11 & 12/18

1:30pm ..... Self Defense @ OTH

### FRIDAY, 12/05 & 12/19

1:00pm ..... Drum's Alive @ OTH

### FRIDAY, 12/12

10:30am ..... Zumba Gold @ COA

### WEDNESDAY, 12/10

12:30pm ..... Chair Zumba @ COA

### MONDAY, 12/15

9:00am ..... Mat Yoga @ OTH

### FRIDAY, 12/12

1:00pm ..... Line Dancing @ OTH

Please register for events/programs, especially those involving food.



## ART GROUP & CLASS

**TUESDAYS | 1:00PM**  
Council on Aging,  
1059 Somerset Avenue

At the Dighton Council on Aging we offer two types of art programs:

- \*An instructed class with our instructor, Tricia, where she caters the class to you.
- \*A less formal, group setting great for socializing.

See our calendar on the next page to see which Tuesday offers each program.

## MUSIC, FOOD, GAMES & CRAFTS

### EVERY WEEKDAY

8:30am ..... Coffee Hour @ COA

### EVERY MONDAY

10:00am ..... Mahjong @ COA

1:00pm ..... Bingo @ COA

### EVERY TUESDAY

1:00pm ..... Art Group @ COA  
(Instructed Classes 12/9 & 12/23)

### EVERY THURSDAY

1:00pm ..... Cribbage @ LV

### EVERY FRIDAY

10:00am ..... Knit/Crochet @ COA

### WEDNESDAY, 12/10

10:30am ..... Brew with Bela @ LV

### MONDAY, 12/15

12:00pm ..... Trivia @ COA

### TUESDAY, 12/16

12:30pm ..... Music with Rick @ COA

### FRIDAY, 12/19

9:00am ..... Monthly Breakfast @ COA



## EATING TO PREVENT DIABETES

**12/22 | 12:00PM**  
Council on Aging,  
1059 Somerset Avenue

Tara Hammes, RD and Healthy Aging Manager for the Massachusetts Councils on Aging will review blood sugar basics and how to build a better plate in this presentation, *Eating to Prevent or Manage Diabetes*.

Register: 508-823-0095

## HEALTH & EDUCATIONAL

### EVERY WEDNESDAY

Appt. Only ..... Tech Support  
(call COA to book your appt.)

### WEDNESDAY, 12/03

10:00am ..... Blood Pressure Clinic  
with Dighton Fire Dept. @ LV&COA

### THURSDAY, 12/04

Appt. Only ..... Podiatry Clinic  
(call COA to book your appt.)

### TUESDAY, 12/09

9:00am Office Hours with Senator,  
Kelly Dooner @ COA

### THURSDAY, 12/18

Appt. Only ..... FREE Legal Consult  
(call COA to book your appt.)

### LOCATIONS:

Council on Aging (COA):  
1059 Somerset Ave.  
Lincoln Village (LV) :  
300 Lincoln Ave.  
Old Town Hall (OTH):  
1111 Somerset Ave.



# DECEMBER 2025 EVENTS CALENDAR

**Please do not arrive to any COA program or event more than 15 minutes early as staff and volunteers need time for setup.**

<b>MON</b>	<b>TUES</b>	<b>WED</b>	<b>THURS</b>	<b>FRI</b>
<b>1</b> 8:30am Coffee Hour @ COA 9:00am Fitness @ COA 10:00am Mahjong @ COA 1:00pm Bingo @ COA	<b>2</b> 8:30am Coffee Hour @ COA 1:00pm Art Group @ COA	<b>3</b> 8:30am Coffee Hour @ COA 9:00am Chair Yoga @ LV 10:00am Blood Pressure Clinic with DFD @ LV & COA Tech Support by Appt. Only @ COA	<b>4</b> 8:30am Coffee Hour @ COA 1:00pm Cribbage @ LV 1:30pm 6-Week Self Defense Series @ OTH Podiatrist Clinic by Appt. Only @ COA	<b>5</b> 8:30am Coffee Hour @ COA 9:00am Tai Chi @ OTH 10:00am Knit/Crochet @ COA 1:00 Drums Alive @ OTH
<b>8</b> 8:30am Coffee Hour @ COA 9:00am Fitness @ COA 10:00am Mahjong @ COA 1:00pm Bingo @ COA	<b>9</b> 8:30am Coffee Hour @ COA 9:00am Office Hours w/ Senator Kelly Dooner @ COA 1:00pm Instructed Art Class @ COA	<b>10</b> 8:30am Coffee Hour @ COA 9:00am Chair Yoga @ LV 10:30am Brew w/ Bela @ LV 12:30pm Chair Zumba @ COA Tech Support by Appt. Only @ COA	<b>11</b> 8:30am Coffee Hour @ COA 1:00pm Cribbage @ LV 1:30pm 6-Week Self Defense Series @ OTH	<b>12</b> 8:30am Coffee Hour @ COA 9:00am Tai Chi @ OTH 10:00am Knit/Crochet @ COA 10:30am Zumba Gold @ COA 1:00pm Line Dance @ OTH
<b>15</b> 8:30am Coffee Hour @ COA 9:00am Fitness @ COA 10:00am Mahjong @ COA 10:00am Mat Yoga @ OTH 12:00pm Trivia @ COA 1:00pm Bingo @ COA	<b>16</b> 8:30am Coffee Hour @ COA 12:30pm Music w/ Rick @ COA 1:00pm Art Group @ COA	<b>17</b> 8:30am Coffee Hour @ COA 9:00am Chair Yoga @ LV Tech Support by Appt. Only @ COA	<b>18</b> 8:30am Coffee Hour @ COA 1:00pm Cribbage @ LV 1:30pm 6-Week Self Defense Series @ OTH 1-on-1 Legal Consult @ COA	<b>19</b> 9:00am Monthly Breakfast @ COA 9:00am Tai Chi @ OTH 10:00am Knit/Crochet @ COA 1:00 Drums Alive @ OTH
<b>22</b> 8:30am Coffee Hour @ COA 9:00am Fitness @ COA 10:00am Mahjong @ COA 12:00pm Lunch & Learn: Eating to Prevent Diabetes @ COA 1:00pm Bingo @ COA	<b>23</b> 8:30am Coffee Hour @ COA 1:00pm Instructed Art Class @ COA	<b>24</b> 8:30am Coffee Hour @ COA 9:00am Chair Yoga @ LV <b>CLOSING AT 11:30AM</b>	<b>25</b> <b>CLOSED</b> 	<b>26</b> 8:30am Coffee Hour @ COA 9:00am Tai Chi @ OTH 10:00am Knit/Crochet @ COA
<b>29</b> 8:30am Coffee Hour @ COA 9:00am Fitness @ COA 10:00am Mahjong @ COA 1:00pm Bingo @ COA	<b>30</b> 8:30am Coffee Hour @ COA 1:00pm Art Group @ COA	<b>31</b> 8:30am Coffee Hour @ COA 9:00am Chair Yoga @ LV Tech Support by Appt. Only @ COA	<b>FEES:</b> Exercise & movement programs cost \$4.00/class. Events including food cost \$4.00 as well. <i>If you do not have the money, please still come and enjoy your favorite events and programs!</i>	



# RESOURCES AND PROGRAMS

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## MEDICAL EQUIPMENT LOAN

### Are you looking to borrow medical equipment?

The Dighton Council on Aging receives donations of wheel chairs, walkers, commodes and many other items. If you are in need, please call our office to check availability at 508-823-0095.

### Are you looking to donate medical equipment?

Please call our office to schedule your donation at 508-823-0095.

### Are you returning equipment?

You MUST call ahead and physically hand the equipment over to a staff member. You CANNOT drop the equipment off outside of the COA building. This in turn ruins the equipment and creates a dysfunctional program.

**Please do not drop off items at Lincoln Village.**

## LUNCH PROGRAM!

**11:30 AM | COUNCIL ON AGING  
1059 SOMERSET AVENUE**

The Dighton Council on Aging offers lunch every Tuesday, Wednesday & Thursday.

We require 48 hours notice to reserve a seat for lunch.

Our meals are ordered in bulk through Bristol Aging & Wellness (formerly known as Bristol Elder Services) and served by our amazing staff and volunteers.

Mingle and make friends with our day program attendees & staff!

The menu is available on our website & you can call us today to reserve your seat: 508-823-0095

*Bristol Aging & Wellness greatly appreciates donations to continue their meal programs. The Dighton Council on Aging has a locked donation bin that Bristol Aging & Wellness picks up monthly.*

## PRIME TIME

### Supportive Adult Day Program

Would you or someone you know benefit from meeting and socializing with new friends, trying new experiences and activities all while keeping active in your mind and body? Then Prime Time might be the perfect fit for you!

#### Offerings Available :

- Breakfast, lunch & refreshments
- Arts & crafts
- Health clinics (podiatry, blood pressure, flu, etc.)
- Musical entertainment
- Games (bingo, cards, trivia, etc.)
- Fitness programs (chair yoga, zumba, movement, etc.)
- Outdoor activities on our porch or patio
- Themed presentations
- Socialization
- Reminiscing
- & so much more!

#### SCHEDULE A FREE TOUR OR LEARN MORE:

508-669-6272  
ttate@dighton-ma.gov  
1059 Somerset Avenue  
Dighton, MA 02715



## FUEL ASSISTANCE!

It's that time of year again!

If your income falls within the guidelines shown, you may be able to receive Fuel and Energy Assistance!

**Please contact us to schedule  
an appointment by calling:  
508-823-0095**



### Citizens for Citizens, Inc. Fuel Assistance

2025 - 2026 Income Guidelines

**YOU MAY QUALIFY FOR FUEL ASSISTANCE  
& ENERGY DISCOUNTS IF YOUR GROSS INCOME  
IS UNDER THE FIGURES BELOW.**

Household Size	4 Week Income	4 Week Fixed	Annual Income
1	\$3,982	\$4,314	\$51,777
2	\$5,208	\$5,642	\$67,709
3	\$6,433	\$6,970	\$83,641
4	\$7,659	\$8,297	\$99,573
5	\$8,884	\$9,625	\$115,504
6	\$10,110	\$10,953	\$131,436

**WWW.CFCINC.ORG**

**508 - 679 - 0041 // 508 - 823 - 6346**  
Fall River Taunton



## «««« GATRA »»»» TRANSPORTATION «««« SERVICES »»»»

### Dial-A-Ride

Travel Within: Dighton, Raynham, Taunton & Berkely  
Weekdays: 6:00am-6:00pm  
\*No weekend services\*  
Fares: \$1.75 one way or \$15.00 for a 10-ride pass  
Call Dighton Council on Aging to learn more: 508-823-0095 or book directly with GATRA: 774-226-1219

### MedWheels Program

Travel long distance (outside of Dighton, Raynham, Taunton & Berkely) for medical related appointments only.  
\*There is no direct cost associated with this program. A suggested donation is appreciated.  
Call Dighton Council on Aging to learn more: 508-823-0095

*If you have never utilized GATRA's services, you must complete an application with the Dighton Council on Aging.*





## Winter is Coming

We understand winter months can be lonely for many reasons. Socialize right from the comfort of your own home with one of our many volunteers! Our volunteers can email, mail letters or set up phone calls with you on days/times that work best for you and them!

Please contact the Dighton Council on Aging if you are interested in joining our Pen Pal Program. Information remains confidential between you and our volunteers.

*Dighton*  
Council On Aging



**TOWN OF DIGHTON**  
**BOARD OF HEALTH**  
1111 Somerset Avenue  
Dighton, MA 02715

### Town Trash Bag Locations

**Hannaford & Johnny's Market is currently out of stock.**

### Other available locations

**Board of Health Office**, 1111 Somerset Ave. Dighton  
(Old Townhall, Lower Level, Back Door)  
**Mendoza's Liquors**, 1896 County St. Dighton  
**Rochelle's**, 2050 Somerset Ave. Dighton  
**Route 44 Liquors**, 2025 Winthrop St. N. Dighton  
**Under the Sun**, 325 Williams St. N. Dighton  
**Value Gas**, 1866 Somerset Ave. Dighton  
**Winthrop Street Gulf**, 1955 Winthrop Street, N. Dighton



**Town of Dighton**  
**Highway Department**  
2011 County Street  
Dighton, MA 02715  
508-669-5461

### ANNUAL PARKING BAN NOTICE

**No person shall park a motor vehicle on any street between the hours of 12:00 Midnight and 6:00 AM, from November 1<sup>st</sup> of each year to April 1<sup>st</sup> of the following year.**

## **HAIR CUTS FOR MEN & WOMEN**

Maria Costa offers hair cuts to men and women in our own private hair salon in the Dighton Council on Aging!

Appointments are typically booked on Friday's but exceptions may be made. Prices will vary based on services needed.

Please call Maria directly to book your appointment or with any questions: 508-930-8291

## **DIGHTON TRASH BAGS**

Purchase single trash bags at the Dighton Council on Aging.

Purchases may be made Monday—Friday from 8am—3pm.

Please call with any questions: 508-823-0095

Cost: \$1.40 small | \$2.80 large

## **VETERAN RESOURCES**

The Dighton Veteran's Agents' Office is located in the lower level of Old Town Hall, 1111 Somerset Ave. Please note, if you are a widow of a Veteran (not remarried), you may be eligible for benefits as well. Please call Dighton's Veteran's Agent, Raymond Hague, at 774-872-0944

## **HOME HANDYMAN PROGRAM**

This is a volunteer position and services are limited to light repairs/installations such as installing safety equipment, assembling furniture, light yard work, etc.

Give the Dighton Council on Aging a call at 508-823-0095 to schedule your appointment today!



*Dighton*  
Council On Aging

## HEALTH INSURANCE

**Medicare Open Enrollment (October 15 - December 7)**

Trained SHINE volunteers offer free, confidential counseling on all aspects of Medicare and related health insurance programs.

To schedule a SHINE appointment with Director, Anabela Powell, and Outreach Coordinator, Kendra Earley, contact us today as appointments are on a first come first served basis.

**CONTACT US**

 **508-823-0095**

# COA MESSAGES & LOCAL HAPPENINGS

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**SCHEDULE AN APPOINTMENT TODAY!**

Monday - Friday: 8:00am - 3:00pm  
1059 Somerset Avenue  
Dighton, MA 02715  
(508) 823-0095

*Transportation	*Medical Equipment
*SNAP (Food Stamps)	*Technology Support
*Energy / Fuel Assistance	*Socialization
*Home Repair	*Nutrition Information
*Health Insurance	*Potential Scam/Fraud
*Money Management	*Health Clinics
*Home Delivered Meals	*Housing Resources
*Home Care	*Medical Equipment
*Caregiver Support	*Tax Information
*Legal Services	*Health Resources

## WHAT HAS YOUR COA STAFF BEEN UP TO RECENTLY??

Your Council on Aging (COA) Office Manager, Laura Armstrong and Program Manager, Trista Tate (photographed below) attended the Annual Massachusetts Councils on Aging (MCOA) Conference.

This conference invites all COA's in Massachusetts to participate in numerous courses ranging in topics from working with your Protective Services, Medicare, Hoarding, Social Programs, Dementia, Nutrition, Transportation, Elder Mediation and so much more.

Not only does MCOA personnel and Council on Aging staff attend, representatives from the Massachusetts Executive Office of Aging & Independence (AGE) attend. In addition to that, local agencies and organizations present their programs and information in an exhibitor hall.

This annual conference is crucial for training purposes, staying updated with local and state resources, continuing education, and networking.

We are thankful to have grant opportunities that have allowed us to send two staff members this year!

Keep up the good work Laura & Trista!

## A GRATEFUL HEART THIS HOLIDAY SEASON

Dear Friends,

First and foremost, we would like to thank you from the bottom of our hearts—to the 2,200+ elders who call this town home. Thank you for your continuous support!

To our dedicated team, volunteers, and participants: Thank you for making the Council on Aging a true home away from home. Your kindness lights up our days like strings of twinkling lights.

The Holidays don't have to be grand to be special. This year, let's cherish the small things that matter the most: Family get-togethers, a warm cup of tea shared with a neighbor, or a phone call that says, "I'm thinking of you". These are the gifts that fill the heart.

With winter upon us, a few gentle reminders; Avoid falls: Wear sturdy shoes with a good grip, use handrails for support and keep pathways clear. Join one of our fitness programs to strengthen your balance. Stay hydrated, drink warm herbal tea and keep a water bottle nearby to sip often. Be Emergency Ready: Keep a charged phone, list of key contacts and prepare your emergency bag. Taking these small steps can make a world of a difference.

From all of us at the Dighton Council on Aging, may your holidays be filled with peace, good health, and the company of those you hold dear.







Shown below you will see Office Manager, Laura Armstrong, COA staff both near and far and a couple of state representatives who joined together for great discussion, collaboration and brainstorming!



We had a FULL house on Halloween for our monthly breakfast. A special thank you to the Dighton Fire Department for assisting us in serving our lovely residents! We had a costume contest and two free raffles! We had a spooktacular time with you all! Join us at the next Monthly Breakfast on Friday, December 19. We'll have a very special guest...



## DOES YOUR NONPROFIT ORGANIZATION NEED A NEWSLETTER?

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Visit [lpicommunities.com](http://lpicommunities.com)

OUR COMMUNITY NEWSLETTER  
OCTOBER EDITION



Scan to contact us!

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**Free Birthday Pizza**  
296 Winthrop Street, Taunton  
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**SSMA**  
**SOUTH SHORE MEDICARE ADVISORS**

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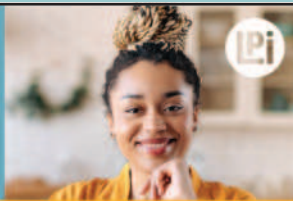
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[www.4lpi.com/careers](http://www.4lpi.com/careers)





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[www.LAWROB.com](http://www.LAWROB.com)

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[www.rehobothvisioncare.com](http://www.rehobothvisioncare.com)

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